Adult Respite Care/Children's Respite Care

Categories : Children and Families, Disability Related Services, Older Adult Programs

What is Respite Care?
Respite care is a temporary, substitute living arrangement for dependent adults or children which provides a brief period of relief or rest (usually more than twenty-four hours) for the family members, guardians or other people who are their regular caregivers. Also included are services of substitute caregivers that provide respite care services in the individual's own home.

Respite Care

- provides a break or period of relief for the caregiver of an older adult, a child, or a person with disabilities;
- allows a caregiver to go away for a specified period of time ranging from a couple of hours to a couple of weeks;
- provides personal or supportive care to older adults and people with disabilities;
- for adults, is usually provided by nursing homes, adult day centers, home care agencies, and companion services;
- is not covered by Medicare, but Medicaid might provide some assistance; and
- is sometimes offered by volunteers and may be free or subsidized by public funds.

Who is Eligible?
Caregivers of dependent adults and children

How to Apply
Contact a respite care provider

To Find Providers in Connecticut's Community Resources Database:
Search by service names:

- Adult Out of Home Respite Care
- Adult In Home Respite Care
- Children's In Home Respite Care
- Children's Out of Home Respite Care

For more information on the Connecticut Statewide Respite Care Program, that assists caregivers with services to help individual with Alzheimer's or other dementia disorders, visit the 2-1-1 eLibrary paper: https://uwc.211ct.org/connecticut-statewide-respite-care-program/

SOURCE: 2-1-1 Database; Connecticut Statewide Respite Care Program
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