



**Need Information?  
Have a Problem?  
Don't know where to turn?**

**United Way  
*2-1-1*  
Can Help**

# Dial 2-1-1.

A simple call to 2-1-1 connects you to a trained call specialist who can provide information and referrals to community resources, including:

- Assistance with food, shelter and clothing needs
- Consumer Help
- Counseling
- Crisis Intervention
- Disability Services
- Donating Food, Clothing, Furniture
- Drug/Alcohol Programs
- Energy Assistance
- Health Care
- Job Training
- Legal Assistance
- Literacy Classes
- Parenting Programs
- Quality Child Care Providers
- Referrals for Medical Needs
- Senior Services
- Summer Camps
- Support Groups
- Veteran's Services
- Volunteer Opportunities
- Voting Information
- Youth and After School Programs
- and much more

[www.211ct.org](http://www.211ct.org)



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