Geriatric Care Manager

Categories : Older Adult Programs

A **Geriatric Care Manager** is a person who works with elders and families to coordinate personal and health care services for an older adult. Geriatric care managers are often nurses or social workers who specialize in providing services for elders. Geriatric care managers may have a license as a specialist in other fields, like nursing or social work, but there is no license specifically required for geriatric care managers in most states.

- Services Services provided by geriatric care managers may include care planning assessments, physical
 assessments, coordinating medical social, psychological and legal services, eligibility screening for
 assistance and entitlement programs, monitoring health care, medication management, acting as a liaison
 to families, assisting with moves to and from homes and nursing facilities, assisting with processing medical
 bills and insurance claims, assisting with money management and guardianship issues, and advocating for
 services.
- Fees Fees vary. Some programs provide case management for no fee. The Connecticut Home Care
 Program for Elders
 (https://portal.ct.gov/DSS/Health-And-Home-Care/Connecticut-Home-Care-Program-for-Elders/Connecticut-Home-Care-Program-for-Elders-CHCPE) may provide the service for no fee or for a sliding fee.

Finding Services

- People with low incomes may be able to obtain some services from a government or human services agency for little or no expense, for example local senior centers, the regional Area Agency on Aging, town social service departments, and Visiting Nurses Associations.
- People who are not eligible for government or private programs may be able to acquire some services piecemeal from family members, friends, financial planners, attorneys, doctors, nurses, social workers or home health agencies.

Finding A Geriatric Care Manager

The Aging Life Care, http://www.aginglifecare.org/, provides a link to a list of care management resources with links to organizations that offer information on care giving or care giving services for older adults.

Connecticut Community Care (CCCI) provides care management services for elders who are eligible for the Connecticut Home Care Program for Elders and for elders (or family members) who can self-pay.

Some of the regional Area Agencies on Aging in Connecticut have a geriatric care manager on staff. All five Area Agencies on Aging offer help in locating care managers and care management services within their region.

Nursing homes and home health care agencies sometimes have geriatric care managers who can assist families with the appropriate services. Some have suggested that it may be a conflict of interest to offer both care management and a direct service, such as assistance with daily activities.

• Not all care managers provide all care management services. Family members should be aware of the specific needs of their elder and select a care manager with those needs in mind.

To Find Providers in Connecticut's Community Resources Database:

Search by service name:	Area Ad	encies on	Aaina

1/2

SOURCES: AARP; Aging Life Care

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2/2