



Access Health CT: Connecticut Health Insurance Exchange

Categories : [Health Care Payment Assistance/Health Insurance](#), [Health Issues](#)

Note from Access Health CT – 1/5/26:

We want to sincerely apologize for the system outage that may have kept many customers from enrolling in health and dental coverage by the December 15, 2025, deadline for Access Health CT enrollment has been extended until Jan 31st, with coverage starting Feb 1, 2026.

To enroll individuals **can get in-person help at one of the upcoming [Enrollment Fairs](#).**

1. Call [1-855-805-4325](tel:1-855-805-4325), Monday through Friday from 8:00 a.m. to 7:00 p.m. and Saturday from 9:00 a.m. to 3:00 p.m. If you are deaf or hearing impaired, you may call us with a relay operator or use TTY at 1-855-789-2428. Help is available in more than 100 languages.

What is Access Health CT?

AHCT (also known as the Connecticut Health Insurance Exchange) was created by the Connecticut Legislature in 2011 established to satisfy the requirements of the federal Patient Protection and Affordable Care Act. AHCT is the marketplace that offers individuals, families, and small employers a range of affordable, qualified, health plans from brand-name carriers in Connecticut as well as access to many HUSKY Health programs, the Children’s Health Insurance Program (CHIP), and the Coverage Connecticut Program. Open enrollment begins on November 1st of each year.

Visit [AccessHealthCT.com](https://www.accesshealthct.com) for more information: [Access Health CT – CT’s Official Health Insurance Marketplace](#)

Open Enrollment Period for 2025 health and dental insurance coverage begins November 1, 2025. This is the time individuals can shop, compare, and enroll in or renew a [Qualified Health Plan \(QHP\)](#) and/or [Stand-Alone Dental Plan \(SADP\)](#). Whether renewing coverage or looking at insurance options for the first time, Access Health CT is here to help individuals understand how to enroll and what to expect during Open Enrollment.

Individuals may also qualify for coverage through Access Health CT (AHCT) at any time if they have a Qualifying Life Event (QLE) through a Special Enrollment Period (SEP). The Special Enrollment Period is a time outside of the Annual Open Enrollment Period when individuals can sign up for health insurance coverage through Access Health CT (AHCT).

For additional information on the special enrollment eligibility – visit the website at: <https://www.accesshealthct.com/special-enrollment/>

Connecticut’s Department of Social Services created a website, [MedicaidMattersCT.org](https://www.MedicaidMattersCT.org), which informs residents of all the services Medicaid offers and the populations it serves. President Trump signed into law a budget bill that includes \$1 trillion in cuts to Medicaid that will impact Medicaid members. HUSKY member coverage has not



changed at this time. Learn more about [changes to DSS benefits with the passing of the bill](#). Please check back here regularly for updates.

SOURCE: Access Health CT website

PREPARED BY: 211/tb

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