Asthma

Categories : [Health Issues](#)

WHAT IS ASTHMA?

Asthma is a serious health problem. When a person has asthma, their airways become sensitive and may react to smoke, pollen, dust, air pollution, allergies, and other triggers. Common asthma symptoms are wheezing, coughing, shortness of breath, and chest tightness. Although there is no cure for asthma, proper use of medication and reducing exposure to known triggers for asthma attacks may ease the severity and frequency of the attacks.

FOR INFORMATION ABOUT PROGRAMS THAT PROVIDE FREE OR LOW COST DRUGS TO PEOPLE WITH LOW HOUSEHOLD INCOME AND NO MEDICAL INSURANCE FOR PRESCRIPTION DRUGS:

NeedyMeds: https://www.needymeds.org/

Pharmaceutical Research and Manufacturers of America (Partnership for Prescription Assistance): https://medicineassistancetool.org/

WEBSITE RESOURCES

- Connecticut Department of Public Health: https://portal.ct.gov/DPH/Health-Education-Management–Surveillance/Asthma/Asthma-Program#50324
- American Lung Association: https://www.lung.org/
- Asthma and Allergy Foundation of America, New England Chapter: www.asthmaandallergies.org
- Centers for Disease Control and Prevention: https://www.cdc.gov/asthma/
- U.S. Environmental Protection Agency: https://www.epa.gov/asthma
- American Academy of Allergy, Asthma, and Immunology: www.aaaai.org
- U.S. Department of Health and Human Services, National Institute of Health: https://www.nih.gov/

TO FIND PROVIDERS IN CONNECTICUT'S COMMUNITY RESOURCES DATABASE:
Search by program name:

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