



## Centers for Independent Living

Categories : [Disability Related Services](#), [Independent Living Services](#)

### WHAT IS A CENTER FOR INDEPENDENT LIVING?

Connecticut's Centers for Independent Living are single points of access to services for people with disabilities. Centers for Independent Living, <https://cacil.net/> :

- were codified into law with the Rehabilitation Act of 1973;
- are charged with promoting empowerment and self-reliance for persons with disabilities;
- are operated and administered by persons with disabilities;
- offer a single point of access to services for all people regardless of the nature or type of disability; and
- offer advocacy, information and referral, peer counseling, skills training, and other supportive services for persons with disabilities.

### WHO IS ELIGIBLE?

All persons with disabilities

### HOW TO APPLY

- Contact your local Center for Independent Living.
- There are five Centers for Independent Living in Connecticut:

Access Independence, <http://accessinct.org/>  
Disabilities Network of Eastern Connecticut, <http://www.dnec.org/>;  
Center for Disability Rights, <http://cdr-ct.org/>;  
Independence Northwest, <http://www.independencenorthwest.org/>  
Independence Unlimited, <http://independenceunlimited.org/>

### TO FIND PROVIDERS IN CONNECTICUT'S COMMUNITY RESOURCES DATABASE

Search by service name: [Centers for Independent Living](#).

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