



## CHOICES Program

**Categories :** [Disability Related Services](#), [Health Care Payment Assistance/Health Insurance](#), [Older Adult Programs](#)

The CHOICES program is managed by the Connecticut Aging and Disability Services (ADS) through a partnership with Connecticut's Area Agencies on Aging and the Center for Medicare Advocacy, with funding from the State of Connecticut.

See Department of Aging and Disability Services website at: <https://portal.ct.gov/ADS-CHOICES> or call CHOICES at 1-800-994-9422 to speak with a counselor in your area.

### WHAT IS THE CHOICES PROGRAM?

The acronym "CHOICES" stands for **C**onnecticut's programs for **H**ealth insurance assistance, **O**utreach, **I**nformation and referral, **C**ounseling, and **E**ligibility **S**creening. The CHOICES program is also known as the State Health Insurance Assistance Program, State Health Insurance Program or SHIP.

- CHOICES helps Connecticut's older adults and persons with disabilities understand their Medicare coverage and healthcare options. Certified CHOICES counselors across the State provide free, objective, person-centered assistance so Medicare beneficiaries can make informed choices about their Medicare options and related benefits. CHOICES provides counseling on all types of Medicare and related insurances, including Medicare Part A, Part B, Part D, and Medicare Advantage. CHOICES counselors can help Medicare beneficiaries understand their Medicare Part D (prescription drug) options and can help them select the Prescription Drug Plan that best suits their individual situation.
- Types of assistance includes counseling and information about Medicare and related insurance programs, outreach, information and referral to services, counseling about resource options, eligibility screening, and application assistance for state and federal benefits and/or support programs, including the Medicare Savings Program, Medicaid, and Extra Help/Low-Income Subsidy programs. CHOICES also provides community outreach, application assistance, and information and referral services on a variety of topics including long term care services and supports.

### COST

- No fee

### WHO IS ELIGIBLE

- Connecticut residents becoming eligible for Medicare; Medicare beneficiaries of all ages; Providers and caregivers seeking information and help

### TO FIND PROVIDERS IN CONNECTICUT'S COMMUNITY RESOURCES DATABASE:

Search by program name:

[State Health Insurance Assistance Program](#)

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SOURCE: Connecticut Aging and Disability Services (ADS)



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