



## Head Start Program

Categories : [Education](#)

For more information about Head Start/Early Head Start go to United States Department of Health and Human Services: <https://www.acf.hhs.gov/ohs>

### What is Head Start/Early Head Start?

Head Start and Early Head Start are early childhood programs for pregnant women and for children from birth to age 5. The Head Start program is for children between 3 and 5 years of age from families with limited income. Early Head Start is for low income pregnant women, infants and toddlers. The [Federal Poverty Guidelines](#) are used to evaluate family income.

Connecticut programs are administered and operated by community action agencies, local education agencies, and other nonprofit agencies.

### To Find a Provider in Connecticut

Dial 2-1-1 Child Care or search the [2-1-1 Child Care website](#)

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