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# Home Visiting Services

**Categories :** [Plan of Safe Care](#)

Any new parent will likely tell you that parenting is the most rewarding, while also the most difficult, thing they have ever done. Especially during the first years of a child's life, parents play the most active and influential role in their baby's healthy growth and development. Parenting is difficult even in the best of circumstances, and when coupled with other stressful life events, it becomes even more challenging.

Connecticut has a number of free home visiting programs for pregnant women and families with young children. Home visitors can help parents understand and celebrate important developmental milestones in their young child's life; identify and reduce stressful situations, and link to needed resources and services. The goal of home visiting programs is to assist parents in maximizing their knowledge and skills in supporting their children's growth and development.

For more information on home visiting programs, contact Child Development Infoline/Help Me Grow at 1.800.505.7000 to talk to a knowledgeable and caring care coordinator who can answer your questions, provide information on a range of issues related to the growth, behavior and development of young children, and to connect you to home visiting programs and other services. You can also access Child Development Infoline at <https://CDI.211ct.org>. Child Development Infoline is a free and confidential service.

## TO FIND PROVIDERS IN CONNECTICUT'S COMMUNITY RESOURCES DATABASE:

Search by program name: [Home Visiting](#)

## ADDITIONAL RESOURCES

- [Connecticut Office of Early Childhood Home Visiting Programs](#)
- [Connecticut Office of Early Childhood Maternal, Infant and Early Childhood Home Visiting](#)
- [211 Children and Families Category Page](#)

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*SOURCE: Connecticut Office of Early Childhood*

*PREPARED BY: 211*

*CONTENT LAST REVIEWED: November 2019*