



Medication Assisted Treatment

Categories : [Plan of Safe Care](#)

Medication Assisted Treatment is one method of treatment for opioid addiction. It uses medication and therapy as part of the treatment plan. The goal is to change patients' behaviors so they can live healthy and productive lives.

Medication Assisted Treatment programs are designed to help patients stop opioid abuse, cope during withdrawal, and address related challenges. The process begins with a medical assessment at a licensed treatment center. During the assessment the doctor will ask you a series of questions to identify the most appropriate medication. You will meet regularly with medical staff to monitor your body's response to the treatment. It is important that your medication is stored in a secure location for the safety of children and others.

You will also receive counseling during the treatment process. You may have individual, group or a combination of therapy sessions, depending on your treatment plan. Your plan is designed to help you complete the treatment and learn about making healthy choices. Friends and family can be an important source of support as you go through this process.

TO FIND PROVIDERS IN CONNECTICUT'S COMMUNITY RESOURCES DATABASE:

Search by service term: [Medication Assisted Treatment](#)

ADDITIONAL RESOURCES

- [Opioid Substance Use Treatment Options in Connecticut](#)
- [Buprenorphine – Connecticut](#)
- [2-1-1 Substance Use Disorder Category Page](#)

SOURCES: Substance Abuse and Mental Health Services Administration (SAMHSA); Wheeler Clinic

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