



My Place CT: Connecticut's Long-Term Care Resource Portal

Categories : [Disability Related Services](#), [Health Care Payment Assistance/Health Insurance](#), [Independent Living Services](#), [Older Adult Programs](#)

My Place CT: www.myplacect.org, was created by Connecticut's Department of Social Services to help individuals understand how to access long-term care services and supports. It includes a website and call center, as well as career opportunities for caregivers. It asks consumers about their needs and shows how they can pay for care and also lists housing, long-term care insurance and transportation options.

HOW My Place CT CAN HELP:

1. Determining what type of services an individual and/or caregiver may need with activities of daily living for themselves or a loved one
 - Visit the website for resources and a list of agencies that can help with the assessment process
2. Services and programs to assist with in-home or community supports
 - How to locate food, adult day care, respite care, home safety, assistive technology services, and much more
 - Agencies and centers that can help to locate long-term care supports
 - Service Provider Directory
 - Help with interviewing and hiring a caregiver – Self-Directed Supports Hiring Guide Toolkit available
3. Financial assistance options available to pay for care and support
 - Connecticut Medicaid Programs
 - Self financing options
 - Assistance with housing costs
4. Locating housing and transportation resources
 - Find a place to live
 - Older Adult housing resources
 - Persons with disabilities housing
 - Home modifications
 - Transportation options
5. Health Care career and training options
 - Training and education
 - Health Care job descriptions
 - Job search tips and links

To find out more about long-term care insurance, please visit [Connecticut Partnership for Long-Term Care](http://www.ct.gov/opm/cwp/view.asp?a=2995&q=383408) website:
<http://www.ct.gov/opm/cwp/view.asp?a=2995&q=383408>

SOURCES: Connecticut Department of Social Services: My Place CT website; Connecticut Partnership for Long-Term Care website

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United Way of Connecticut - 211 and eLibrary

Resource Center

<https://uwc.211ct.org>
