My Place CT: Connecticut's Long-Term Care Resource Portal

Categories : Disability Related Services, Health Care Payment Assistance/Health Insurance, Independent Living Services, Older Adult Programs

My Place CT: www.myplacect.org, was created by Connecticut's Department of Social Services to help individuals understand how to access long-term care services and supports. It includes a website and call center, as well as career opportunities for caregivers. It asks consumers about their needs and shows how they can pay for care and also lists housing, long-term care insurance and transportation options.

HOW My Place CT CAN HELP:

1. Determining what type of services an individual and/or caregiver may need with activities of daily living for themselves or a loved one
    - Visit the website for resources and a list of agencies that can help with the assessment process
2. Services and programs to assist with in-home or community supports
    - How to locate food, adult day care, respite care, home safety, assistive technology services, and much more
    - Agencies and centers that can help to locate long-term care supports
    - Service Provider Directory
    - Help with interviewing and hiring a caregiver – Self-Directed Supports Hiring Guide Toolkit available
3. Financial assistance options available to pay for care and support
    - Connecticut Medicaid Programs
    - Self financing options
    - Assistance with housing costs
4. Locating housing and transportation resources
    - Find a place to live
    - Older Adult housing resources
    - Persons with disabilities housing
    - Home modifications
    - Transportation options
5. Health Care career and training options
    - Training and education
    - Health Care job descriptions
    - Job search tips and links

To find out more about long-term care insurance, please visit Connecticut Partnership for Long-Term Care website: https://portal.ct.gov/OPM/PDPD-HHS-Long-Term-Care/LTC-Home/Partnership-LTC-Home-General-Info

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SOURCES: Connecticut Department of Social Services: My Place CT website; Connecticut Partnership for Long-Term Care website
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