



Prenatal Care/Infertility Issues

Categories : [First Time Mothers](#), [Health Issues](#)

Getting Good Care

The best start to having a healthy baby is to see your healthcare provider before you get pregnant. Once you're pregnant, your health professional will have you begin with monthly visits that increase to once a week or more as you get closer to delivery. Doctors can spot health problems early when they see mothers regularly.

Although prenatal visits may seem simple and even mundane, they are very important. Years of research have shown that pregnant women who get adequate prenatal care are more likely to have healthy babies and fewer complications during labor and delivery.

Paying for Prenatal Care

Most private insurance plans as well HUSKY and Healthy Start plans cover all phases of prenatal care, delivery, and postnatal care. If you are uninsured call HUSKY Health at 877-284-8759 (877-CT-HUSKY) to see if you are eligible for Healthy Start.

New Prenatal Coverage & Extended Postpartum Coverage available through Access Health CT for unborn children of non-citizen pregnant individuals, beginning April 1, 2022 – for more information on this program, visit the Connecticut Department of Social Service webpage: <https://portal.ct.gov/HUSKY/New-Prenatal-Coverage-and-Extended-Postpartum-Coverage>

If individuals do not have insurance, prenatal care can also be found at community health centers.

Call 2-1-1 (dial 2-1-1 or 1-800-203-1234) to ask about how to get prenatal care if you do not have health insurance.

For more information on prenatal care go to:

[Women's Health.gov](https://www.womenshealth.gov)

[Medline Plus: Prenatal Care](#)

To Find Providers in Connecticut's Community Resources Database:

Search by service names:

[Prenatal Care](#)

INFERTILITY INFORMATION AND RESOURCES:

Infertility is a condition of the reproductive system often diagnosed after a couple has had no pregnancies after one year of unprotected, well-timed intercourse, or if the woman has been unable to carry a pregnancy that results in a live birth.

Infertility is a medical problem. Infertility affects men and women equally.

For more information on infertility go to [Resolve: The National Infertility Association](#).



How to Select an Infertility Specialist

If your situation warrants an infertility specialist, you can get a referral from your present doctor or local hospital/clinic, or friends or family members. Two resources to learn about a physician's credentials are the [American Board of Medical Specialties](#) and [Resolve: The National Infertility Association](#)

Do Insurance Plans Cover Infertility Treatment?

Connecticut law requires certain individual and group health policies to cover medically necessary costs of diagnosing and treating infertility. The Act defines infertility as "the condition of a presumably healthy individual who is unable to conceive or produce conception or sustain a successful pregnancy during a one-year period. For more information go to: [Insurance Bulletin HC-125](#)

To Find Providers in Connecticut's Community Resources Database:

Search by service name:

[Infertility Services](#)

[Infertility Support Groups](#)

SOURCES: National Women's Health Information Center; Resolve: The National Infertility Association; State of Connecticut Law

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