



Substance Use Disorder Resources and Information: (For Connecticut Residents)

Categories : [Substance Abuse](#)

Connecticut Department of Mental Health and Addiction Services (DMHAS)

DMHAS has established a 24/7 Access Line to facilitate access to substance abuse treatment. Individuals from anywhere in Connecticut may call to help with linkage to residential detox.

The Access Line is able to prioritize transportation services for detox. The Access Line may also be able arrange transportation to DMHAS substance abuse residential treatment (although transportation services are prioritized for detox).

Access Line and Transportation – 1-800-563-4086

DMHAS, a state government agency funds comprehensive mental health and substance abuse services throughout Connecticut. DMHAS is the state’s lead agency for the prevention and treatment of alcohol and other drug abuse. <http://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=335208&dmhasNav=|>

Connecticut Department of Mental Health & Addiction Services also provides a listing of various treatment options, certifications and other information regarding Sober Living Homes, on the following DMHAS webpage: <https://www.ct.gov/dmhas/cwp/view.asp?a=2900&q=603942>

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211/United Way of Connecticut

Call 2-1-1 , 24 hours/7days for information and referrals, or go to the 2-1-1 website for substance abuse related service listings.

2-1-1 maintains information on the following treatment services and related programs in Connecticut. Put in the service suggested below on our search page and a city/town to locate resources that serve your area: [2-1-1 Database Search](#)

- Inpatient / Outpatient Detox
- Inpatient Treatment
- Substance Use Disorder Day Treatment
- Methadone Maintenance



- Residential Treatment
- Outpatient Counseling
- Sober Living Centers
- Supportive Recovery Homes (half way houses)
- Smoking Cessation Programs

Substance Abuse Support Groups

Information on substance abuse support groups in Connecticut is available by calling 2-1-1, 24 hours/7 days a week, or by going to the [2-1-1 website](#), and putting in support groups in the search area and then selecting from the drop down list of groups that may be of interest, then put in a city/town, to locate resources that serve your area.

The Connecticut Clearinghouse

Fact sheets and lending library of printed materials and videos about individual drugs and related issues affecting mental health and wellness. The Clearinghouse is Connecticut's resource center for information about alcohol, tobacco, other drugs, and related issues affecting mental health and wellness. <http://www.ctclearinghouse.org/>

Links to Connecticut Clearinghouse Drug Fact Sheets

Fact sheets on specific drugs, drug testing, prescribed drugs, etc.
<http://www.ctclearinghouse.org/Topics/default.asp>

SAMHSA – Substance Abuse and Mental Health Services Administration, United States Department of Health and Human Services

Nationwide treatment locator on the Web that lists treatment facilities, services, and programs in any state. Go to: <https://findtreatment.samhsa.gov/>

Regional Behavioral Health Action Organizations (RBHAOs)

Regional planning and service-coordinating organizations in Connecticut assess and coordinate needed services in the field of substance abuse, and plan/sponsor community wide prevention initiatives. RBHAOs do not provide direct treatment or referral. <https://www.ct.gov/dmhas/cwp/view.asp?q=601578>

Governor's Prevention Partnership

Public/private partnership co-chaired by the Governor and by business CEOs works with schools, colleges, workplace settings, the police, communities, parents, and youth to prevent youth substance abuse and violence. <http://www.preventionworksct.org/>

HealthyLivesCT.org – [HealthyLivesCT](#) website focuses on overall wellness programs and services to assist Connecticut residents with helping to lower stress, reduce the risk of illness and ensure positive interactions. HealthyLivesCT targets emotional, physical, holistic, and financial wellness by providing screening tools, and links to information and options to help individuals attain a sense of well-being.



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