



## Suicide

Categories : [Mental Health Care](#), [Youth and Young Adults](#)

### **If You are Feeling Suicidal or You are Concerned About Someone Who May Be Contemplating Suicide:**

**Inside Connecticut: Dial 2-1-1** (or 1-800-203-1234) to speak to a trained crisis worker. This line is open 24 hours a day, 7 days a week.

**Within the Rest of the United States: Call National Suicide Prevention Lifeline: 1-800-273-8255 (800-273-TALK)** to be connected to a certified crisis center near you. This line is open 24 hours a day, 7 days a week.

### **To Find Providers in Connecticut's Community Resources Database:**

Search by service names:

[Suicide Prevention Hotlines](#)

[Suicide Survivors Support Groups](#)

---

*SOURCE: United Way of Connecticut/211; National Suicide Prevention Lifeline [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)*

*PREPARED BY: 211/kq*

*CONTENT LAST REVIEWED: January2020*