



Suicide

Categories : [Mental Health Care](#), [Youth and Young Adults](#)

If You are Feeling Suicidal or You are Concerned About Someone Who May Be Contemplating Suicide:

Inside Connecticut: Dial 2-1-1 (or 1-800-203-1234) to speak to a trained crisis worker. This line is open 24 hours a day, 7 days a week.

Within the Rest of the United States: Call National Suicide Prevention Lifeline: 1-800-273-8255 (800-273-TALK) to be connected to a certified crisis center near you. This line is open 24 hours a day, 7 days a week.

To Find Providers in Connecticut's Community Resources Database:

Search by service names:

[Suicide Prevention Hotlines](#)

[Suicide Survivors Support Groups](#)

SOURCE: United Way of Connecticut/211; National Suicide Prevention Lifeline www.suicidepreventionlifeline.org

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