Connecticut 2-1-1’s database of programs and services is continuously updated to meet the needs of Connecticut and its residents. Our goal is to ensure that individuals and families can access the help and information they need including: basic needs assistance, mental health services, transportation resources, housing resources, utility payment help, employment assistance, information on volunteer opportunities and more. Is your agency or program missing from the 2-1-1 database? Click HERE to read our inclusion/exclusion criteria and learn how to add a new resource or update your program or agency information.

Below is a snapshot of some of the new programs and services recently added to the 2-1-1 database. Click on any of the resources listed below for more information and visit www.211ct.org to access 2-1-1’s complete database. Please Note: Programs are added and deleted continually and are subject to change at any time.

**Educational Programs**
- **FOCUS CENTER FOR AUTISM**  
  Fresh Start School  
  Canton, CT  
  [www.211ct.org/search/58188870](http://www.211ct.org/search/58188870)  
  Special education program for children ages 11 through 18 with autism spectrum disorder (ASD), and other related disorders.

**Employment**
- **VIABILITY, INC.**  
  Workforce Alternatives  
  Enfield, CT  
  [www.211ct.org/search/58247919](http://www.211ct.org/search/58247919)  
  Job readiness and placement assistance to support career success, employment stability, and eventual self-sufficiency.

**Health Supportive Services**
- **CONNECTICUT HEALTHY LIVING COLLECTIVE**  
  Aging Mastery Program (AMP)  
  Bristol, CT  
  [www.211ct.org/search/57935752](http://www.211ct.org/search/57935752)  
  10-week series of incentive-based health and wellness classes for older adults.

- **GREATER WATERBURY YMCA**  
  Diabetes Prevention  
  Waterbury, CT  
  [www.211ct.org/search/58299851](http://www.211ct.org/search/58299851)  
  Diabetes prevention program designed for people at high risk of developing type 2 diabetes.
• **JOSHPROVIDES EPILEPSY ASSISTANCE FOUNDATION**  
  Disease/Disability Information:  
  Epilepsy and Seizure Disorders  
  Sarasota, FL  
  [www.211ct.org/search/57953911](http://www.211ct.org/search/57953911)  
  Provides basic information on epilepsy and seizure disorders and links to other epilepsy related resources.

• **NEW MILFORD HOSPITAL - WESTERN CONNECTICUT HEALTH NETWORK**  
  Let's Get Cooking  
  New Milford, CT  
  [www.211ct.org/search/58120623](http://www.211ct.org/search/58120623)  
  Offers workshops designed to meet the ongoing nutritional and weight management education needs of cancer survivors.

• **JOSHPROVIDES EPILEPSY ASSISTANCE FOUNDATION**  
  Medical Expense Assistance for Persons with Epilepsy or Seizure Disorders  
  Sarasota, FL  
  [www.211ct.org/search/57953896](http://www.211ct.org/search/57953896)  

**Housing/Shelter**

• **MASONICARE AT MYSTIC**  
  Assisted Living: Masonicare at Mystic  
  Mystic, CT  
  [www.211ct.org/search/58285861](http://www.211ct.org/search/58285861)  
  Offers assisted living for older adults who need some assistance with daily activities including meals, housekeeping, laundry, and 24-hour security as well as access to additional services, such as transportation and medication management.

• **MASONICARE AT MYSTIC**  
  Memory Care Assisted Living: Masonicare at Mystic  
  Mystic, CT  
  [www.211ct.org/search/58285878](http://www.211ct.org/search/58285878)  
  Assisted living for older adults with memory care needs.

• **MASONICARE AT CHESTER VILLAGE**  
  Senior Apartments  
  Chester, CT  
  [www.211ct.org/search/58210416](http://www.211ct.org/search/58210416)  
  Independent living apartments for seniors.

• **MASONICARE AT MYSTIC**  
  Senior Apartments: Masonicare at Mystic  
  Mystic, CT  
  [www.211ct.org/search/58285870](http://www.211ct.org/search/58285870)  
  Rental apartments for seniors.

**Individual and Family Support Services**

• **MASONICARE AT MYSTIC**  
  Adult Day Program: Masonicare at Mystic  
  Mystic, CT  
  [www.211ct.org/search/58312871](http://www.211ct.org/search/58312871)  
  Adult day program that provides meals, therapeutic recreation, and social supports.
• **MASONICARE AT MYSTIC**  
  Adult Respite Care: Masonicare at Mystic  
  Mystic, CT  
  [www.211ct.org/search/58299835](http://www.211ct.org/search/58299835)  
  Temporary living arrangements for dependent adults to provide a period of relief for the regular caregiver.

• **COMFORT KEEPERS - MADISON**  
  Non-Medical Home Care  
  [www.211ct.org/search/57980024](http://www.211ct.org/search/57980024)  
  Offers personal care assistance, chore assistance, house cleaning, meal preparation, shopping, local transportation and live-in companions.

• **MASONICARE AT ASHLAR VILLAGE**  
  Respite Care  
  Wallingford, CT  
  [www.211ct.org/search/58135326](http://www.211ct.org/search/58135326)  
  Offers temporary living arrangements for dependent adults to provide a period of relief for the regular caregiver.

**Material Goods**

• **JEWISH FAMILY SERVICES OF GREATER HARTFORD**  
  Tara's Closet  
  West Hartford, CT  
  [www.211ct.org/search/57968572](http://www.211ct.org/search/57968572)  
  Provides new or nearly new clothing at no cost.

**Rehabilitation/Habilitation Services**

• **MASONICARE HEALTH CENTER**  
  Masonicare Hearing Center  
  Wallingford, CT  
  [www.211ct.org/search/58135522](http://www.211ct.org/search/58135522)  
  Hearing care including: hearing evaluations, patient and family education and safety and communication devices for the hearing impaired.

**Specialized Treatment and Prevention**

• **CONNECTICUT HEALTHY LIVING COLLECTIVE**  
  Live Well  
  Bristol, CT  
  [www.211ct.org/search/57935820](http://www.211ct.org/search/57935820)  
  Free six-week series of health management programs for adults with an ongoing health condition such as arthritis, high blood pressure, heart disease, chronic pain, anxiety or depression.

• **CONNECTICUT HEALTHY LIVING COLLECTIVE**  
  Live Well with Chronic Pain  
  Bristol, CT  
  [www.211ct.org/search/57935825](http://www.211ct.org/search/57935825)  
  Free six-week series of health management programs for adults experiencing chronic pain brought on by arthritis, stroke, neuropathy or another condition.

• **CONNECTICUT HEALTHY LIVING COLLECTIVE**  
  Live Well with Diabetes  
  Bristol, CT  
  [www.211ct.org/search/57935828](http://www.211ct.org/search/57935828)  
  Free six-week series of health management programs for adults with Type 2 Diabetes.
Substance Use Disorder Services

- **A LEAP OF FAITH RECOVERY LIVING**
  A Leap of Faith Recovery Living Home
  Meriden, CT
  [www.211ct.org/search/58135476](http://www.211ct.org/search/58135476)
  Sober living home that provides shared room living arrangements for men in recovery.

- **ADDITION RESOURCE CENTER (ARC)**
  Substance Use Disorder Information:
  Addiction Resource Center (ARC)
  Washington, DC
  [www.211ct.org/search/58214380](http://www.211ct.org/search/58214380)
  Information on addiction, substance use disorders, risk factors, signs and systems of addiction and other topics related to substance use.

- **FAMILY CENTERS**
  Syringe Services Program (SSP)
  Greenwich, CT
  [www.211ct.org/search/58267104](http://www.211ct.org/search/58267104)
  Needle exchange program.

- **MID-FAIRFIELD AIDS PROJECT**
  Syringe Services Program (SSP)
  Norwalk, CT
  [www.211ct.org/search/58267114](http://www.211ct.org/search/58267114)
  Needle exchange program.

- **UNCAS HEALTH DISTRICT**
  Tobacco Cessation Program
  Norwich, CT
  [www.211ct.org/search/58299865](http://www.211ct.org/search/58299865)
  Program offers either a class environment or one on one aid in quitting, as well as free nicotine replacement therapy.

Volunteer Opportunities

- **JEWSH FAMILY SERVICES OF GREATER HARTFORD**
  Volunteer Services
  West Hartford, CT
  [www.211ct.org/search/58299865](http://www.211ct.org/search/58299865)
  Volunteer opportunities including: food pantry, friendly visiting, office work, special event assistance.