

September 2018

2-1-1 Information Services Department

Connecticut 2-1-1's database of programs and services is continuously updated to meet the needs of Connecticut and its residents. Our goal is to ensure that individuals and families can access the help and information they need including: basic needs assistance, mental health services, transportation resources, housing resources, utility payment help, employment assistance, information on volunteer opportunities and more. Is your agency or program missing from the 2-1-1 database? [Click HERE](#) to read our inclusion/exclusion criteria and learn how to add a new resource or update your program or agency information.

Below is a snapshot of some of the new programs and services recently added to the 2-1-1 database. Click on any of the resources listed below for more information and visit www.211ct.org to access 2-1-1's complete database. **Please Note:** Programs are added and deleted continually and are subject to change at any time.

Educational Programs

- **FOCUS CENTER FOR AUTISM**
Fresh Start School
Canton, CT
www.211ct.org/search/58188870

Special education program for children ages 11 through 18 with autism spectrum disorder (ASD), and other related disorders.

Employment

- **VIABILITY, INC.**
Workforce Alternatives
Enfield, CT
www.211ct.org/search/57847919

Job readiness and placement assistance to support career success, employment stability, and eventual self-sufficiency.

Health Supportive Services

- **CONNECTICUT HEALTHY LIVING COLLECTIVE**
Aging Mastery Program (AMP)
Bristol, CT
www.211ct.org/search/57935752

10-week series of incentive-based health and wellness classes for older adults.
- **GREATER WATERBURY YMCA**
Diabetes Prevention
Waterbury, CT
www.211ct.org/search/58299851

Diabetes prevention program designed for people at high risk of developing type 2 diabetes.

- **JOSH PROVIDES EPILEPSY ASSISTANCE FOUNDATION**
Disease/Disability Information: Epilepsy and Seizure Disorders
Sarasota, FL
www.211ct.org/search/57953911

Provides basic information on epilepsy and seizure disorders and links to other epilepsy related resources.
- **NEW MILFORD HOSPITAL - WESTERN CONNECTICUT HEALTH NETWORK**
Let's Get Cooking
New Milford, CT
www.211ct.org/search/58120623

Offers workshops designed to meet the ongoing nutritional and weight management education needs of cancer survivors.
- **JOSH PROVIDES EPILEPSY ASSISTANCE FOUNDATION**
Medical Expense Assistance for Persons with Epilepsy or Seizure Disorders
Sarasota, FL
www.211ct.org/search/57953896

Financial assistance for seizure related medical treatment.

Housing/Shelter

- **MASONICARE AT CHESTER VILLAGE**
Assisted Living
Chester, CT
www.211ct.org/search/58210411

Assisted living facility for older adults.

- **MASONICARE AT MYSTIC**
Assisted Living: Masonicare at Mystic
Mystic, CT
www.211ct.org/search/58285861

Offers assisted living for older adults who need some assistance with daily activities including meals, housekeeping, laundry, and 24-hour security as well as access to additional services, such as transportation and medication management.
- **MASONICARE AT MYSTIC**
Memory Care Assisted Living: Masonicare at Mystic
Mystic, CT
www.211ct.org/search/58285878

Assisted living for older adults with memory care needs.
- **MASONICARE AT CHESTER VILLAGE**
Senior Apartments
Chester, CT
www.211ct.org/search/58210416

Independent living apartments for seniors.
- **MASONICARE AT MYSTIC**
Senior Apartments: Masonicare at Mystic
Mystic, CT
www.211ct.org/search/58285870

Rental apartments for seniors.

Individual and Family Support Services

- **MASONICARE AT MYSTIC**
Adult Day Program: Masonicare at Mystic
Mystic, CT
www.211ct.org/search/58312871

Adult day program that provides meals, therapeutic recreation, and social supports.

- MASONICARE AT MYSTIC**
Adult Respite Care: Masonicare at Mystic
 Mystic, CT
www.211ct.org/search/58299835

Temporary living arrangements for dependent adults to provide a period of relief for the regular caregiver.
- COMFORT KEEPERS - MADISON**
Non-Medical Home Care
www.211ct.org/search/57980024

Offers personal care assistance, chore assistance, house cleaning, meal preparation, shopping, local transportation and live-in companions.
- MASONICARE AT ASHLAR VILLAGE**
Respite Care
 Wallingford, CT
www.211ct.org/search/58135326

Offers temporary living arrangements for dependent adults to provide a period of relief for the regular caregiver.

Material Goods

- JEWISH FAMILY SERVICES OF GREATER HARTFORD**
Tara's Closet
 West Hartford, CT
www.211ct.org/search/57968572

Provides new or nearly new clothing at no cost.

Rehabilitation/Habilitation Services

- MASONICARE HEALTH CENTER**
Masonicare Hearing Center
 Wallingford, CT
www.211ct.org/search/58135522

Hearing care including: hearing evaluations, patient and family education and safety and communication devices for the hearing impaired.

Specialized Treatment and Prevention

- CONNECTICUT HEALTHY LIVING COLLECTIVE**
Live Well
 Bristol, CT
www.211ct.org/search/57935820

Free six-week series of health management programs for adults with an ongoing health condition such as arthritis, high blood pressure, heart disease, chronic pain, anxiety or depression.
- CONNECTICUT HEALTHY LIVING COLLECTIVE**
Live Well with Chronic Pain
 Bristol, CT
www.211ct.org/search/57935825

Free six-week series of health management programs for adults experiencing chronic pain brought on by arthritis, stroke, neuropathy or another condition.
- CONNECTICUT HEALTHY LIVING COLLECTIVE**
Live Well with Diabetes
 Bristol, CT
www.211ct.org/search/57935828

Free six-week series of health management programs for adults with Type 2 Diabetes.

- **MASONICARE HOME HEALTH & HOSPICE**
Parkinson's Disease Treatment
Wallingford, CT
www.211ct.org/search/58312931

Offers two treatment protocols for people with Parkinson's disease.

www.211ct.org/search/58267104

Needle exchange program.

- **MID-FAIRFIELD AIDS PROJECT**
Syringe Services Program (SSP)
Norwalk, CT
www.211ct.org/search/58267114

Needle exchange program.

Substance Use Disorder Services

- **A LEAP OF FAITH RECOVERY LIVING**
A Leap of Faith Recovery Living Home
Meriden, CT
www.211ct.org/search/58135476

Sober living home that provides shared room living arrangements for men in recovery.

- **UNCAS HEALTH DISTRICT**
Tobacco Cessation Program
Norwich, CT
www.211ct.org/search/58299865

Program offers either a class environment or one on one aid in quitting, as well as free nicotine replacement therapy.

- **ADDICTION RESOURCE CENTER (ARC)**
Substance Use Disorder Information: Addiction Resource Center (ARC)
Washington, DC
www.211ct.org/search/58214380

Information on addiction, substance use disorders, risk factors, signs and systems of addiction and other topics related to substance use.

Volunteer Opportunities

- **FAMILY CENTERS**
Syringe Services Program (SSP)
Greenwich, CT

- **JEWISH FAMILY SERVICES OF GREATER HARTFORD**
Volunteer Services
West Hartford, CT
www.211ct.org/search/57968577

Volunteer opportunities including: food pantry, friendly visiting, office work, special event assistance.