Connecticut 2-1-1’s database of programs and services is continuously updated to meet the needs of Connecticut and its residents. Our goal is to ensure that individuals and families can access the help and information they need including: basic needs assistance, mental health services, transportation resources, housing resources, utility payment help, employment assistance, information on volunteer opportunities and more. Is your agency or program missing from the 2-1-1 database? Click HERE to read our inclusion/exclusion criteria and learn how to add a new resource or update your program or agency information.

Below is a snapshot of some of the new programs and services recently added to the 2-1-1 database. Click on any of the resources listed below for more information and visit www.211ct.org to access 2-1-1’s complete database. **Please Note:** Programs are added and deleted continually and are subject to change at any time.

### Community Groups and Government/Administrative Offices

- **OFFICE OF STATE ETHICS, STATE OF CONNECTICUT OF (OSE)**
  Office of State Ethics (OSE)
  Hartford, CT
  [www.211ct.org/search/59765581](http://www.211ct.org/search/59765581)

  Enforces Connecticut's Code of Ethics for Public Officials and State Employees.

### Employment

- **LAUREL HOUSE**
  **Social Rehabilitation Services**
  Stamford, CT
  [www.211ct.org/search/59770125](http://www.211ct.org/search/59770125)

  Counselors and community volunteers engage participants to increase self-sufficiency, communication and coping skills.

### Health Screening/Diagnostic Services

- **REGIONAL YMCA OF WESTERN CONNECTICUT**
  **Blood Pressure Self-Monitoring Program**
  Brookfield, CT
  [www.211ct.org/search/59741304](http://www.211ct.org/search/59741304)

  Four-month program devoted to developing the habit of monitoring blood pressure and heart healthy nutrition education.
Housing/Shelter

- **FROM THE HEART HOME CARE LLC**
  Adult Family Living (AFL) Program
  Berlin, CT
  [www.211ct.org/search/59838644](http://www.211ct.org/search/59838644)
  Personal care and supportive services for older adults who reside in a private home with a principal caregiver who also lives in the home.

- **FROM THE HEART HOME CARE LLC**
  Non-Medical Home Care
  Berlin, CT
  [www.211ct.org/search/59838639](http://www.211ct.org/search/59838639)
  Personal care assistance, chore assistance, light housekeeping, meal preparation, shopping, local transportation and live-in companions.

- **LAUREL HOUSE**
  Supportive Housing and Community Support Services
  Stamford, CT
  [www.211ct.org/search/59770101](http://www.211ct.org/search/59770101)
  Provides safe, stable and affordable housing combined with critical support services for independent living.

- **NAUGATUCK YMCA**
  Parent Education Program for Caregiver Support
  Naugatuck, CT
  [www.211ct.org/search/59830538](http://www.211ct.org/search/59830538)
  Respite, education, self-care time and support for people who are primary family caregivers.

Legal Education/Information

- **FREEDOM OF INFORMATION COMMISSION, STATE OF CONNECTICUT OFFICE OF**
  Legal Issues Education/Information
  Hartford, CT
  [www.211ct.org/search/59765884](http://www.211ct.org/search/59765884)
  Ensures that Connecticut public agencies comply with the Freedom of Information Act.

Leisure Activities/Recreation

- **REGIONAL YMCA OF WESTERN CONNECTICUT**
  CDC Enhance Fitness
  Brookfield, CT
  [www.211ct.org/search/59741290](http://www.211ct.org/search/59741290)
  Program for older adults that focuses on dynamic cardiovascular exercise, strength training, balance, and flexibility.

Mutual Support

- **NAUGATUCK YMCA**
  PRISM - LGBTQ Youth Support Group
  Naugatuck, CT
  [www.211ct.org/search/59830575](http://www.211ct.org/search/59830575)
  Family support/advocacy group for youth in the LGBTQ community.

Specialized Treatment and Prevention

- **BRIDGEPORT, CITY OF**
  Diabetes Prevention
  Bridgeport, CT
  [www.211ct.org/search/59765346](http://www.211ct.org/search/59765346)
  Diabetes prevention program offered for people at high risk of developing type 2 diabetes or who are pre-diabetic.
• **BRISTOL-BURLINGTON HEALTH DISTRICT**  
  Hepatitis A Immunization  
  Bristol, CT  
  [www.211ct.org/search/59737363](http://www.211ct.org/search/59737363)  
  General information on Hepatitis A and the Hepatitis A vaccination.

• **DANBURY, CITY OF**  
  Hepatitis A Immunization  
  Danbury, CT  
  [www.211ct.org/search/59738225](http://www.211ct.org/search/59738225)  
  General information on Hepatitis A and the Hepatitis A vaccination.

• **NEW BRITAIN, CITY OF**  
  Hepatitis A Immunization  
  New Britain, CT  
  [www.211ct.org/search/59738650](http://www.211ct.org/search/59738650)  
  General information on Hepatitis A and the Hepatitis A vaccination.

• **NORTHEAST DISTRICT DEPARTMENT OF HEALTH**  
  Hepatitis A Immunization  
  Brooklyn, CT  
  [www.211ct.org/search/59738352](http://www.211ct.org/search/59738352)  
  General information on Hepatitis A and the Hepatitis A vaccination.

• **STAMFORD, CITY OF**  
  Hepatitis A Immunization  
  Stamford, CT  
  [www.211ct.org/search/59738923](http://www.211ct.org/search/59738923)  
  General information on Hepatitis A and the Hepatitis A vaccination.

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**Substance Use Disorder Services**

• **CHARLOTTE HUNGERFORD HOSPITAL**  
  Hospital Emergency Department Recovery Coach Program  
  Torrington, CT  
  [www.211ct.org/search/59765982](http://www.211ct.org/search/59765982)  
  Trained professionals who support people with drug or alcohol-related medical emergencies.

• **HOSPITAL OF CENTRAL CONNECTICUT, THE - NEW BRITAIN GENERAL CAMPUS**  
  Hospital Emergency Department Recovery Coach Program  
  New Britain, CT  
  [www.211ct.org/search/59765986](http://www.211ct.org/search/59765986)  
  Trained professionals who support people with drug or alcohol-related medical emergencies.

• **JOHNSON MEMORIAL HOSPITAL**  
  Hospital Emergency Department Recovery Coach Program  
  Stafford Springs, CT  
  [www.211ct.org/search/59765988](http://www.211ct.org/search/59765988)  
  Trained professionals who support people with drug or alcohol-related medical emergencies.

• **PROSPERITY HOUSE**  
  Prosperity House Sober Living for Men  
  New Haven, CT  
  [www.211ct.org/search/59830359](http://www.211ct.org/search/59830359)  
  Structured sober living for men ages 21 to 65 who are in the early stages of addiction recovery.

• **STONINGTON INSTITUTE**  
  Starlight Military Program  
  North Stonington, CT  
  [www.211ct.org/search/59838724](http://www.211ct.org/search/59838724)  
  Residential treatment program for active duty, reserve, national guard and veterans.