

January 2019

2-1-1 Information Services Department

Connecticut 2-1-1's database of programs and services is continuously updated to meet the needs of Connecticut and its residents. Our goal is to ensure that individuals and families can access the help and information they need including: basic needs assistance, mental health services, transportation resources, housing resources, utility payment help, employment assistance, information on volunteer opportunities and more. Is your agency or program missing from the 2-1-1 database? [Click HERE](#) to read our inclusion/exclusion criteria and learn how to add a new resource or update your program or agency information.

Below is a snapshot of some of the new programs and services recently added to the 2-1-1 database. Click on any of the resources listed below for more information and visit www.211ct.org to access 2-1-1's complete database. **Please Note:** Programs are added and deleted continually and are subject to change at any time.

Community Groups and Government/Administrative Offices

- **OFFICE OF STATE ETHICS, STATE OF CONNECTICUT OF (OSE)**
Office of State Ethics (OSE)
Hartford, CT
www.211ct.org/search/59765581

Enforces Connecticut's Code of Ethics for Public Officials and State Employees.

Employment

- **LAUREL HOUSE**
Tele-Education Support (TEdS)
Stamford, CT
www.211ct.org/search/59770084

Comprehensive wrap-around support for students who live away from home.

- **LAUREL HOUSE**
Social Rehabilitation Services
Stamford, CT
www.211ct.org/search/59770125

Counselors and community volunteers engage participants to increase self-sufficiency, communication and coping skills.

Health Screening/Diagnostic Services

- **REGIONAL YMCA OF WESTERN CONNECTICUT**
Blood Pressure Self-Monitoring Program
Brookfield, CT
www.211ct.org/search/59741304

Four-month program devoted to developing the habit of monitoring blood pressure and heart healthy nutrition education.

Housing/Shelter

- **FROM THE HEART HOME CARE LLC
Adult Family Living (AFL) Program**
Berlin, CT
www.211ct.org/search/59838644

Personal care and supportive services for older adults who reside in a private home with a principal caregiver who also lives in the home.

Individual and Family Support Services

- **FROM THE HEART HOME CARE LLC
Non-Medical Home Care**
Berlin, CT
www.211ct.org/search/59838639
Personal care assistance, chore assistance, light housekeeping, meal preparation, shopping, local transportation and live-in companions.
- **LAUREL HOUSE
Supportive Housing and Community Support Services**
Stamford, CT
www.211ct.org/search/59770101
Provides safe, stable and affordable housing combined with critical support services for independent living.
- **NAUGATUCK YMCA
Parent Education Program for Caregiver Support**
Naugatuck, CT
www.211ct.org/search/59830538
Respite, education, self-care time and support for people who are primary family caregivers.

Legal Education/Information

- **FREEDOM OF INFORMATION COMMISSION, STATE OF CONNECTICUT OFFICE OF Legal Issues Education/Information**
Hartford, CT
www.211ct.org/search/59765884
Ensures that Connecticut public agencies comply with the Freedom of Information Act.

Leisure Activities/Recreation

- **REGIONAL YMCA OF WESTERN CONNECTICUT
CDC Enhance Fitness**
Brookfield, CT
www.211ct.org/search/59741290
Program for older adults that focuses on dynamic cardiovascular exercise, strength training, balance, and flexibility.

Mutual Support

- **NAUGATUCK YMCA
PRISM - LGBTQ Youth Support Group**
Naugatuck, CT
www.211ct.org/search/59830575
Family support/advocacy group for youth in the LGBTQ community.

Specialized Treatment and Prevention

- **BRIDGEPORT, CITY OF
Diabetes Prevention**
Bridgeport, CT
www.211ct.org/search/59765346
Diabetes prevention program offered for people at high risk of developing type 2 diabetes or who are pre-diabetic.

- BRISTOL-BURLINGTON HEALTH DISTRICT**
Hepatitis A Immunization
 Bristol, CT
www.211ct.org/search/59737363

General information on Hepatitis A and the Hepatitis A vaccination.
- DANBURY, CITY OF**
Hepatitis A Immunization
 Danbury, CT
www.211ct.org/search/59738225

General information on Hepatitis A and the Hepatitis A vaccination.
- NEW BRITAIN, CITY OF**
Hepatitis A Immunization
 New Britain, CT
www.211ct.org/search/59738650

General information on Hepatitis A and the Hepatitis A vaccination.
- NORTHEAST DISTRICT DEPARTMENT OF HEALTH**
Hepatitis A Immunization
 Brooklyn, CT
www.211ct.org/search/59738352

General information on Hepatitis A and the Hepatitis A vaccination.
- STAMFORD, CITY OF**
Hepatitis A Immunization
 Stamford, CT
www.211ct.org/search/59738923

General information on Hepatitis A and the Hepatitis A vaccination.

Substance Use Disorder Services

- CHARLOTTE HUNGERFORD HOSPITAL**
Hospital Emergency Department
Recovery Coach Program
 Torrington, CT
www.211ct.org/search/59765982

Trained professionals who support people with drug or alcohol-related medical emergencies.
- HOSPITAL OF CENTRAL CONNECTICUT, THE - NEW BRITAIN GENERAL CAMPUS**
Hospital Emergency Department
Recovery Coach Program
 New Britain, CT
www.211ct.org/search/59765986

Trained professionals who support people with drug or alcohol-related medical emergencies.
- JOHNSON MEMORIAL HOSPITAL**
Hospital Emergency Department
Recovery Coach Program
 Stafford Springs, CT
www.211ct.org/search/59765988

Trained professionals who support people with drug or alcohol-related medical emergencies.
- PROSPERITY HOUSE**
Prosperity House Sober Living for Men
 New Haven, CT
www.211ct.org/search/59830359

Structured sober living for men ages 21 to 65 who are in the early stages of addiction recovery.
- STONINGTON INSTITUTE**
Starlight Military Program
 North Stonington, CT
www.211ct.org/search/59838724

Residential treatment program for active duty, reserve, national guard and veterans.