

October 2019

2-1-1 Information Services Department

Connecticut 2-1-1's database of programs and services is continuously updated to meet the needs of Connecticut and its residents. Below is a snapshot of some of the new programs and services recently added to the 2-1-1 database. Click on any of the resources listed below for more information and visit [www.211ct.org](http://www.211ct.org) to access 2-1-1's complete database.

Is your agency or program missing from the 2-1-1 database? [Click HERE](#) to read our inclusion/exclusion criteria and learn how to add a new resource or update your program or agency information.

### Donor Services

- **DURHAM - MIDDLEFIELD YOUTH AND FAMILY SERVICES**

#### **Children's Nutrition Program**

Middlefield, CT

[www.211ct.org/search/64249725](http://www.211ct.org/search/64249725)

Program that provides a backpack filled with non-perishable food items for eligible school aged children.

- **CONNECTICUT AREA HEALTH EDUCATION CENTER PROGRAM**  
**Community Based Educational Training for Health Profession Students**

Farmington, CT

[www.211ct.org/search/64173704](http://www.211ct.org/search/64173704)

Provide interprofessional educational opportunities for health profession students.

### Employment

- **CAPITOL REGION EDUCATION COUNCIL CREC GED-Construction Program**

Hartford, CT

[www.211ct.org/search/64281491](http://www.211ct.org/search/64281491)

Tuition-free program that includes academic classroom instruction, GED exam preparation, construction skills certifications, and hand-on experience through paid internships at local construction sites.

### Food

- **BEACON COMMUNITIES**  
**Commodity Supplemental Food Program (CSFP)**

Waterbury, CT

[www.211ct.org/search/64372762](http://www.211ct.org/search/64372762)

Food program for eligible seniors with income below 130% of the Federal Poverty Level.

- **CARABETTA MANAGEMENT**  
**Commodity Supplemental Food Program (CSFP)**

Meriden, CT

[www.211ct.org/search/64372051](http://www.211ct.org/search/64372051)

Food program for eligible seniors with income below 130% of the Federal Poverty Level.

- **CASA OTONAL INCORPORATED Commodity Supplemental Food Program (CSFP)**  
New Haven, CT  
[www.211ct.org/search/64372067](http://www.211ct.org/search/64372067)

Food program for eligible seniors with income below 130% of the Federal Poverty Level.

- **DURHAM - MIDDLEFIELD YOUTH AND FAMILY SERVICES Children's Nutrition Program**  
Middlefield, CT  
[www.211ct.org/search/64249725](http://www.211ct.org/search/64249725)

Program that provides a backpack filled with non-perishable food items for eligible school aged children.

- **FEED MY SHEEP FOOD PANTRY Commodity Supplemental Food Program (CSFP)**  
Bridgeport, CT  
[www.211ct.org/search/64372784](http://www.211ct.org/search/64372784)

Food program for eligible seniors with income below 130% of the Federal Poverty Level.

- **NORWALK HOUSING AUTHORITY Commodity Supplemental Food Program (CSFP)**  
Norwalk, CT  
[www.211ct.org/search/64372753](http://www.211ct.org/search/64372753)

Food program for eligible seniors with income below 130% of the Federal Poverty Level.

### Health Supportive Services

- **INTERFAITH VOLUNTEER CARE GIVERS OF GREATER NEW HAVEN Mae's Closet**  
Hamden, CT  
[www.211ct.org/search/64373309](http://www.211ct.org/search/64373309)

Durable medical equipment lending bank.

### Individual and Family Support Services

- **WELLMORE BEHAVIORAL HEALTH Parents as Teachers (PAT)**  
Waterbury, CT  
[www.211ct.org/search/64423558](http://www.211ct.org/search/64423558)

Family education and support program that provides information, support and encouragement to parents.

- **WOMAN I AM INC. Personal Development Workshops**  
New Haven, CT  
[www.211ct.org/search/64431656](http://www.211ct.org/search/64431656)

Personal development workshops focusing on health and wellness, finances, relationship building and self care.

### Leisure Activities/Recreation

- **MIRACLE LEAGUE OF CT, THE Miracle League of CT**  
Bristol, CT  
[www.211ct.org/search/64250333](http://www.211ct.org/search/64250333)

Children ages 4+ with physical and/or cognitive challenges play baseball on a specially designed accessible baseball field in West Hartford.

### Mental Health Assessment and Treatment

- **CONNECTICUT COUNCIL OF FAMILY SERVICE AGENCIES VOCA Case Management Program**  
Rocky Hill, CT  
[www.211ct.org/search/64300060](http://www.211ct.org/search/64300060)

Holistic case management services to promote safety, self-sufficiency and resiliency for persons in CT who have suffered, directly or indirectly, a physical, emotional, or personal loss as a result of a criminal act.

## Mutual Support

- **FOCUS CENTER FOR AUTISM**  
**Parent Support Groups**  
Canton, CT  
[www.211ct.org/search/64371792](http://www.211ct.org/search/64371792)

Monthly support groups for parents of children with Autism Spectrum Disorder.

## Outpatient Health Facilities

- **HISPANIC HEALTH COUNCIL**  
**Behavioral Health Services**  
Hartford, CT  
[www.211ct.org/search/64299935](http://www.211ct.org/search/64299935)

Offers a variety of behavioral health services in Meriden and New Haven.

## Social Development and Enrichment

- **FOCUS CENTER FOR AUTISM**  
**FOCUS After School Program**  
Canton, CT  
[www.211ct.org/search/64371784](http://www.211ct.org/search/64371784)

Clinically supervised after school program that offers social learning activities for children with ASD and related disorders.

- **WOMAN I AM INC.**  
**Girl I Am**  
New Haven, CT  
[www.211ct.org/search/64486583](http://www.211ct.org/search/64486583)

Youth empowerment program in Bridgeport offered to girls ages 11-15. Program utilizes approaches to empower self-care, spiritual, personal, academic and professional development through mentorship and support.

## Substance Use Disorder Services

- **BRIDGES HEALTHCARE, INC.**  
**Mobile Addiction Treatment Team**  
Milford, CT  
[www.211ct.org/search/64373135](http://www.211ct.org/search/64373135)

Mobile addiction service van that serves individuals in need of substance use treatment and mental health services. The van is staffed by a psychiatrist or APRN and a recovery support specialist.

## Volunteer Opportunities

- **MIRACLE LEAGUE OF CT, THE**  
**Volunteer Buddies**  
Bristol, CT  
[www.211ct.org/search/64250328](http://www.211ct.org/search/64250328)

Adult and youth volunteers ages 12+ are needed to be Buddies on a one-on-one basis with boys and girls who have physical and/or cognitive challenges with playing Miracle League Baseball.