Connecticut 2-1-1’s database of programs and services is continuously updated to meet the needs of Connecticut and its residents. Below is a snapshot of some of the new programs and services recently added to the 2-1-1 database. Click on any of the resources listed below for more information and visit www.211ct.org to access 2-1-1’s complete database.

Is your agency or program missing from the 2-1-1 database? Click HERE to read our inclusion/exclusion criteria and learn how to add a new resource or update your program or agency information.

### Criminal Correctional System

- **HARTFORD, CITY OF**
  Reentry Welcome Center
  Hartford, CT
  www.211ct.org/search/65409312

  Offers individuals returning home from incarceration information, referrals, and services such as basic needs, housing, substance use/mental health, medical, and employment.

### Donor Services

- **GILEAD COMMUNITY SERVICES**
  Donor Services
  Middletown, CT
  www.211ct.org/search/65368139

  Accepts donations of building materials-supplies, men’s clothing, food and personal care supplies.

- **JOURNEY HOME**
  Furniture and Household Goods
  Donation Programs
  Hartford, CT
  www.211ct.org/search/65529067

  Accepts donations of furniture and household goods for agency clients in need.

### Employment

- **CAPITAL WORKFORCE PARTNERS**
  Connecticut Women Can Weld!
  Hartford, CT
  www.211ct.org/search/65643237

  Free training program that introduces women ages 18+ to careers in welding.

### Food

- **ASHFORD FOOD PROGRAM**
  Ashford Food Program
  Ashford, CT
  www.211ct.org/search/65529237

  Provides emergency food on a one time per month basis to individuals and families living in Ashford who meet the income guidelines.

### Health Supportive Services

- **Statewide List of CHOICES Counselors**
  CHOICES Program
  Statewide Locations

  CHOICES (Connecticut’s program for Health insurance assistance, Outreach, Information and referral, Counseling, and Eligibility Screening) helps Connecticut’s
older adults and persons with disabilities understand their Medicare coverage and healthcare options.

**Individual and Family Support Services**

- **GUARDIAN ANGELS HOMECARE**  
  Non-Medical Home Care  
  Cheshire, CT  
  [www.211ct.org/search/65094825](http://www.211ct.org/search/65094825)  
  Offers personal care assistance, chore assistance, light housekeeping, meal preparation, shopping, local transportation and live-in companions.

- **MIND MATTERS**  
  Adult Day Programs  
  Groton, CT  
  [www.211ct.org/search/65245464](http://www.211ct.org/search/65245464)  
  Adult day program for adults affected by dementia and memory loss.

**Inpatient Health Facilities**

- **VILLAGE CREST CENTER FOR HEALTH AND REHABILITATION**  
  Alzheimer's/Dementia Care Unit  
  New Milford, CT  
  [www.211ct.org/search/65500120](http://www.211ct.org/search/65500120)  
  Offers a secured dementia care unit for patients with Alzheimer’s disease or memory impairments.

**Material Goods**

- **LAUREL FAMILY RESOURCE CENTER**  
  Diaper Bank  
  Bloomfield, CT  
  [www.211ct.org/search/65629468](http://www.211ct.org/search/65629468)  
  Provides children’s diapers for Bloomfield area families in emergency need.

**Mental Health Assessment and Treatment**

- **GILEAD COMMUNITY SERVICES**  
  Ten-week group program that addresses anger and learning better coping mechanisms.

  - **General Counseling**  
    Middletown, CT  
    [www.211ct.org/search/65368186](http://www.211ct.org/search/65368186)  
    Outpatient mental health counseling for clients with depression, grief/loss, or anxiety disorders.

  - **Women and Trauma Program**  
    Middletown, CT  
    [www.211ct.org/search/65368209](http://www.211ct.org/search/65368209)  
    Program that focuses on providing group and individual therapies for women experiencing trauma.

  - **Anger Management**  
    New Haven, CT  
    [www.211ct.org/search/65632243](http://www.211ct.org/search/65632243)  
    Anger management counseling and groups offered to men and women ages 18+.

**Mutual Support**

- **PLYMOUTH FAMILY RESOURCE CENTER**  
  Support Group for Parents of Children with Special Needs  
  Plymouth, CT  
  [www.211ct.org/search/65267543](http://www.211ct.org/search/65267543)  
  Support group for parents of children with special needs.

**Social Development and Enrichment**

- **EBONY HORSEWOMEN, INC.**  
  Equine Therapy - Youth Enrichment Programs  
  Hartford, CT  
  [www.211ct.org/search/65529472](http://www.211ct.org/search/65529472)
Equestrian center that offers a variety of positive youth development programs for children/youth ages 5 through 18.

**Specialized Treatment and Prevention**

- **NAUGATUCK VALLEY HEALTH DISTRICT**
  *LiveWell with Diabetes*
  Seymour, CT
  [www.211ct.org/search/65341282](http://www.211ct.org/search/65341282)
  Offers classes to help residents manage their Diabetes and symptoms.

- **WESTPORT WESTON HEALTH DISTRICT**
  *Live Well*
  Westport, CT
  [www.211ct.org/search/65368115](http://www.211ct.org/search/65368115)
  Free six-week series of health management programs for adults with an ongoing health condition such as arthritis, diabetes, high blood pressure, heart disease, chronic pain, anxiety or depression.

**Substance Use Disorder Services**

- **GILEAD COMMUNITY SERVICES**
  *Early Intervention Group for Men and Women*
  Middletown, CT
  [www.211ct.org/search/65368183](http://www.211ct.org/search/65368183)
  Short-term substance use education and treatment program for individuals who have first-time offenses and do not have a substance use treatment history.

- **GILEAD COMMUNITY SERVICES**
  *Intensive Outpatient Program (IOP)*
  Middletown, CT
  [www.211ct.org/search/65368192](http://www.211ct.org/search/65368192)
  Intensive outpatient substance use day treatment program.

- **GILEAD COMMUNITY SERVICES**
  *Residential Substance Abuse Treatment*
  Middletown, CT
  [www.211ct.org/search/65368159](http://www.211ct.org/search/65368159)
  Residential treatment program offering up to 28 days stay for men ages 18+ with alcohol or drug addiction.

- **GILEAD COMMUNITY SERVICES**
  *Substance Abuse Counseling for Men*
  Middletown, CT
  [www.211ct.org/search/65368199](http://www.211ct.org/search/65368199)
  Outpatient substance use treatment on an individual or group basis for men.

- **GILEAD COMMUNITY SERVICES**
  *Substance Abuse Evaluation and Assessment*
  Middletown, CT
  [www.211ct.org/search/65368205](http://www.211ct.org/search/65368205)
  Agency provides substance abuse assessments/evaluations for adults referred by courts.

- **GILEAD COMMUNITY SERVICES**
  *Women's Outpatient Program*
  Middletown, CT
  [www.211ct.org/search/65368214](http://www.211ct.org/search/65368214)
  Outpatient substance use treatment program for women ages 18+.

**Volunteer Opportunities**

- **ENFIELD SAFE HARBOR WARMING CENTER**
  *Volunteer Services*
  Enfield, CT
  [www.211ct.org/search/65094759](http://www.211ct.org/search/65094759)
  Volunteers needed to assist in operation of church warming center for homeless individuals during winter months.

- **JOURNEY HOME**
  *Volunteer Services*
  Hartford, CT
  [www.211ct.org/search/65529089](http://www.211ct.org/search/65529089)
  Volunteers needed to load box trucks and make deliveries to agency clients in need.