

December 2019

2-1-1 Information Services Department

Connecticut 2-1-1's database of programs and services is continuously updated to meet the needs of Connecticut and its residents. Below is a snapshot of some of the new programs and services recently added to the 2-1-1 database. Click on any of the resources listed below for more information and visit www.211ct.org to access 2-1-1's complete database.

Is your agency or program missing from the 2-1-1 database? [Click HERE](#) to read our inclusion/exclusion criteria and learn how to add a new resource or update your program or agency information.

Criminal Correctional System

- **HARTFORD, CITY OF**
Reentry Welcome Center
Hartford, CT
www.211ct.org/search/65409312

Offers individuals returning home from incarceration information, referrals, and services such as basic needs, housing, substance use/mental health, medical, and employment.

Donor Services

- **GILEAD COMMUNITY SERVICES**
Donor Services
Middletown, CT
www.211ct.org/search/65368139

Accepts donations of building materials/supplies, men's clothing, food and personal care supplies.

- **JOURNEY HOME**
Furniture and Household Goods Donation Programs
Hartford, CT
www.211ct.org/search/65529067

Accepts donations of furniture and household goods for agency clients in need.

Employment

- **CAPITAL WORKFORCE PARTNERS**
Connecticut Women Can Weld!
Hartford, CT
www.211ct.org/search/65643237

Free training program that introduces women ages 18+ to careers in welding.

Food

- **ASHFORD FOOD PROGRAM**
Ashford Food Program
Ashford, CT
www.211ct.org/search/65529237

Provides emergency food on a one time per month basis to individuals and families living in Ashford who meet the income guidelines.

Health Supportive Services

- **Statewide List of CHOICES Counselors**
CHOICES Program
Statewide Locations
<http://bit.ly/211ctorgCHOICES>

CHOICES (Connecticut's program for Health insurance assistance, Outreach, Information and referral, Counseling, and Eligibility Screening) helps Connecticut's

older adults and persons with disabilities understand their Medicare coverage and healthcare options.

Individual and Family Support Services

- **GUARDIAN ANGELS HOMECARE**
Non-Medical Home Care
Cheshire, CT
www.211ct.org/search/65094825

Offers personal care assistance, chore assistance, light housekeeping, meal preparation, shopping, local transportation and live-in companions.
- **MIND MATTERS**
Adult Day Programs
Groton, CT
www.211ct.org/search/65245464

Adult day program for adults affected by dementia and memory loss.

Inpatient Health Facilities

- **VILLAGE CREST CENTER FOR HEALTH AND REHABILITATION**
Alzheimer's/Dementia Care Unit
New Milford, CT
www.211ct.org/search/65500120

Offers a secured dementia care unit for patients with Alzheimer's disease or memory impairments.

Material Goods

- **LAUREL FAMILY RESOURCE CENTER**
Diaper Bank
Bloomfield, CT
www.211ct.org/search/65629468

Provides children's diapers for Bloomfield area families in emergency need.

Mental Health Assessment and Treatment

- **GILEAD COMMUNITY SERVICES**
Anger Management
Middletown, CT
www.211ct.org/search/65368175

Ten-week group program that addresses anger and learning better coping mechanisms.

- **GILEAD COMMUNITY SERVICES**
General Counseling
Middletown, CT
www.211ct.org/search/65368186

Outpatient mental health counseling for clients with depression, grief/loss, or anxiety disorders.
- **GILEAD COMMUNITY SERVICES**
Women and Trauma Program
Middletown, CT
www.211ct.org/search/65368209

Program that focuses on providing group and individual therapies for women experiencing trauma.
- **RE-FOCUS FOUNDATION, INC.**
Anger Management
New Haven, CT
www.211ct.org/search/65632243

Anger management counseling and groups offered to men and women ages 18+.

Mutual Support

- **PLYMOUTH FAMILY RESOURCE CENTER**
Support Group for Parents of Children with Special Needs
Plymouth, CT
www.211ct.org/search/65267543

Support group for parents of children with special needs.

Social Development and Enrichment

- **EBONY HORSEWOMEN, INC.**
Equine Therapy - Youth Enrichment Programs
Hartford, CT
www.211ct.org/search/65529472

Equestrian center that offers a variety of positive youth development programs for children/youth ages 5 through 18.

Specialized Treatment and Prevention

- **NAUGATUCK VALLEY HEALTH DISTRICT**
LiveWell with Diabetes
Seymour, CT
www.211ct.org/search/65341282

Offers classes to help residents manage their Diabetes and symptoms.
- **WESTPORT WESTON HEALTH DISTRICT**
Live Well
Westport, CT
www.211ct.org/search/65368115

Free six-week series of health management programs for adults with an ongoing health condition such as arthritis, diabetes, high blood pressure, heart disease, chronic pain, anxiety or depression.

Substance Use Disorder Services

- **GILEAD COMMUNITY SERVICES**
Early Intervention Group for Men and Women
Middletown, CT
www.211ct.org/search/65368183

Short-term substance use education and treatment program for individuals who have first-time offenses and do not have a substance use treatment history.
- **GILEAD COMMUNITY SERVICES**
Intensive Outpatient Program (IOP)
Middletown, CT
www.211ct.org/search/65368192

Intensive outpatient substance use day treatment program.
- **GILEAD COMMUNITY SERVICES**
Residential Substance Abuse Treatment
Middletown, CT
www.211ct.org/search/65368159

Residential treatment program offering up to 28 days stay for men ages 18+ with alcohol or drug addiction.

- **GILEAD COMMUNITY SERVICES**
Substance Abuse Counseling for Men
Middletown, CT
www.211ct.org/search/65368199

Outpatient substance use treatment on an individual or group basis for men.
- **GILEAD COMMUNITY SERVICES**
Substance Abuse Evaluation and Assessment
Middletown, CT
www.211ct.org/search/65368205

Agency provides substance abuse assessments/evaluations for adults referred by courts.
- **GILEAD COMMUNITY SERVICES**
Women's Outpatient Program
Middletown, CT
www.211ct.org/search/65368214

Outpatient substance use treatment program for women ages 18+.

Volunteer Opportunities

- **ENFIELD SAFE HARBOR WARMING CENTER**
Volunteer Services
Enfield, CT
www.211ct.org/search/65094759

Volunteers needed to assist in operation of church warming center for homeless individuals during winter months.
- **JOURNEY HOME**
Volunteer Services
Hartford, CT
www.211ct.org/search/65529089

Volunteers needed to load box trucks and make deliveries to agency clients in need.