

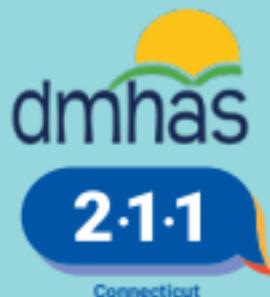
YOU HAVE OPTIONS

ACTION LINE
1•800•HOPE•135 or 211

Adult Crisis Telephone Intervention and Options Network

WE ARE HERE FOR YOU

The ACTION Line is available for individuals 18 years of age or older who are experiencing emotional distress or a mental health and/or substance use/addiction crises.



1-800-467-3135